



# Manly Bombers J.A.F.C. Newsletter March 2009

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## Message from the Club President

by [Ashley Parker](#)

Hi Manly Bomber Families,

A huge WELCOME to all our new families who are engaging with our Club for the first time – I hope that this is the first of many memorable winters you will have at the Manly Bombers! To our returning families, its great to have you back to continue to build on the proud traditions that our Club has developed in its relatively short history.

### Grounds

Well, the 2009 season is almost upon us and the Committee has been busy putting the final touches on the Club in preparation for the challenging year ahead. The priority has been getting our grounds sorted with the resurfacing of Weldon Oval set to commence in April. The DA has also been granted for the renovation of the Clubrooms which we hope to have completed by year's end. There will be lots of fund raising going on throughout the year so keep an eye out for opportunities to contribute to this most worthy cause.

The following pages cover the 2009 training and playing field details.

### Victorian Bushfires

The Victorian bushfires have devastated not only homes and businesses across the State, but have also destroyed much of the infrastructure upon which community life is based. This includes the destruction of sporting amenities and equipment.

To this end, the Manly Bombers will be making a small contribution to the rebuilding effort by funding two new sets of team jumpers (a commitment of approximately \$1,200) for a junior AFL club affected by the fires. The Committee is still working on identifying clubs in need of assistance and we will keep you informed on developments. As a result of this offer, the special giveaways that we traditionally provide to our own competition players at the beginning of each season will be somewhat more modest this year than in years past.

## Sponsors

Once again, the Club has received valuable support from its sponsors for the 2009 season.

Please support these organisations who support our children with their financial contributions and let them know how important they are to the Bombers.

**Club Sponsor:** - Harbord Diggers Mounties

**Team Sponsors:**

- Bendigo Bank Freshwater
- Major Training Services
- PureCool
- David Connor Jewellery
- Les Bickley Roofing
- IPP Consulting
- Ian Westmore Orthodontist
- SecureCorp
- McGrath Real Estate Manly

Finally, I'd like to thank those brave souls who have volunteered to take on coaching duties this season. Our coaches are our most precious commodity and I'd ask all parents to get behind these quality individuals who have sacrificed valuable family and work time to teach our children the skills of Australian Football. They deserve our utmost respect and unqualified support.

Have a great season everybody and enjoy your football!

**Ashley Parker**

**President – Manly Bombers JAFC**

[ **Contact:** 0414 236 365 ]

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## Read on for information regarding:

- Under 9 – Under 13 training times
- Under 14 – Under 15 (16) training times
- Auskick training times
- Season commencement date
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## First Training - U/9s to U13s

Training will officially commence for Under 9s through to Under 13s on **Friday, 13 March**.

Training will be held on Reub Hudson and Old Reub Hudson Ovals. These are the rugby fields across the creek directly to the north of Weldon Oval and are located next to each other (see page 6). Access to the fields is via Abbott Road. Training will commence at the following times:

Age Group	Training start time	Age Group Coordinator
U/9 (4 Teams)	5.00pm	Howard Durling ph: 0423 820 687
U/10 (2 Teams)	5.00pm	Alistair Palmer ph: 0407 664 828
U/11 (2 Teams)	5.00pm	Angus McPhee ph: 0414 997 829
U/12 (2 Teams)	5.45pm	Anthony Scott ph: 0404 889 222
U/13 (2 Teams)	6.00pm	Ashley Parker ph: 0414 236 365

## Training times - U/14s and U/15s (U/16s)

The Under 14s and Under 15s (who are playing in an Under 16 competition) have already commenced their training but final permanent training arrangements for these age groups is yet to be determined.

If you are not yet in the communication loop with the Under 14s or Under 15s (U/16s), please contact Haydon Bray (ph: 0410 553 404) for Under 15 training details or Kevin Morgan (ph: 0401 393 320) for Under 14 training details.

## Training times – Auskick

Auskick will commence training on **Friday, 1 May** at 4.30pm to 5.30pm on Reub Hudson Oval.

## Season Commencement – 29 March

The **first round** of fixtures for the competition games will take place on **Sunday, 29 March**, however, we do not anticipate having any teams playing at home for Round 1.

The AFL are in the process of refining the draw and the team coaches will provide details once they are available.

For the 2009 season, Under 9s through to Under 13s will play their home games at Frank Grey Reserve which is on the hockey fields directly to the west of Weldon Oval.

## Training for Coaches

We have organised two training sessions for our competition game coaches this year.

### Session One

**Name:** Manly Bombers Coaches Training Module

**Time:** 3pm – 5pm

**Date:** Saturday, 21 March

**Location:** Weldon Oval, North Curl Curl

Designed by our Under 16s coach and former Swans player, Haydon Bray, this tailored program will explain the motor development of young children and recommend relevant training drills to bring out the best out in your players. The program will give you the confidence to build and execute a training curriculum that will give your players the technical skills required for our great game and provide the tools to develop a team ethic within your squad.

### Session Two

**Name:** Greater Sydney Juniors Coaches Day

**Time:** 10am - 1pm

**Date:** Sunday, 22 March

**Location:** Next Generation, 504a Victoria Road, Ryde

This is a must for all Coaches. The Coaches Day will explain the interpretation of the rules (including modified rules) as they will be applied by the umpires during the 2009 season. Game day administration procedures will be outlined as well as the AFL's expectations regarding the behaviour of coaches and spectators.

If you are a coach (new or returning), please mark these dates in your diary.

## Club Sunday – 26 April

Club Sunday is a traditional day where the **entire** Club comes together on the last Sunday of the Easter school holiday break. It is the only day of the year that all teams come together as one for scratch matches and training to show off their skills in preparation for the long season ahead.

This is an important day on the Club's calendar which we celebrate with a free BBQ and drinks for everyone. Please mark your diaries for this event.

**Time:** from 10am

**Date:** Sunday, 26 April

**Location:** Frank Grey Reserve, North Curl Curl



## Team Management

This season, the Club will be fielding multiple teams in the majority of age groups. For most teams, coaches have been appointed however we are still looking for extra coaches in the Under 9s.

Every team will require a Team Manager to assist the coach with team administration and logistics. The Team Manager is a vital function for each team whose main responsibilities will be:

- Generating and submitting team sheets from the AFL's online "footyweb" system;
- Organising the canteen roster (note that all parents are expected to man the canteen on a roster basis);
- Organising a small group of parents (usually 2) to act as Ground Managers for the 8am – 12 noon time slot on two occasions during the season. Ground Management training will be provided by Club veterans; and
- Communicating important Club information to their team.

### Team Manager Training session – 30 March

The Club will be holding a Team Managers training session on Monday, 30 March at 7.30pm - 8.30pm at the Harbord Diggers Mounties.

As this course is being held after the first game and if you are a newly appointed (or returning) Team Manager then contact [Fiona Cantwell](#) for a manual on how to select your team members from the AFL footyweb system.

It is vitally important that parents get behind their Team Managers to ensure that their teams operate smoothly throughout the year. Remember that a dysfunctional team will make for a dysfunctional season.

**Time:** 7.30pm to 8.30pm

**Date:** Monday, 30 March

**Location:** Harbord Diggers Mounties

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## Paid Positions Vacant – Canteen Stocker and First Aid Officer

There are some roles within the Club that require a commitment beyond the realm of the traditional volunteer. These roles **MUST BE FILLED** as they are vital to ensure the ongoing maintenance of a club of our size and the Club has the capacity to pay people to fill these crucial functions. The roles may be shared.

We have two vacancies available. If you are interested in these roles please contact Ashley Parker on 0414 236 365.

### Canteen Stocker

**Time commitment:** Approx. 4 hours per week.

#### Duties:

- Conduct a stocktake of the canteen at the end of each weekend.
- Order, pick up and deliver stock to the canteen during the week so that the canteen is fully stocked for the next weekend of fixtures.
- Order bread rolls and sausages for pick up by volunteers on Sunday morning.
- The role does NOT require the Canteen Stocker to man the canteen on game day.

#### Qualifications:

- You will need a current drivers licence.

### First Aid Officer

**Time commitment:** Approx. 5 hours per Sunday but will vary with game day fixtures.

#### Duties:

- Attend home game matches to deliver First Aid.
- Conduct an initial audit of the Club's First Aid equipment and advise the Committee accordingly.
- Monitor and order First Aid materials as and when required.

#### Qualifications:

- You must hold a current First Aid certificate from St John's Ambulance or Red Cross, or possess professional qualifications that enable the provision of First Aid services.
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## Auskick Update

by [Kelvin Millsom](#), Auskick Coordinator

### Introducing.....

**Auskick Coordinator**, Kelvin Millsom ,  
elected2@bigpond.net.au, phone 0407 228 443.

**Auskick Team Manager**, Sali Hepples,  
phone 0477 500 745.

### Auskick Positions Vacant

- Auskick Assistant Coach
- Auskick Assistant - Superkick Coordinator (7-8 yrs)
- Auskick - First Aid officer

Please contact Kelvin if you are interested in these positions.

### Auskick in March - Pre-season / After School program - 4, 11, 18 and 25 March

The AFL in conjunction with the Manly Bombers, is running a four week, "Manly After School Auskick program" during March.

The program runs for four Wednesday afternoons, from 4pm - 5.30pm at Weldon Oval, North Curl Curl, commencing 4 March to 25 March 2009.

This short skills based program is ideal for children aged 5 to 12 years as an introduction to Aussie rules football. Either as a stand alone program or as a preparation for Club Auskick (5-8 yrs) or Junior competition (9 -12 yrs).

We will be using this program as our pre-season training program for our 2009 Club Auskick players and would encourage all our Club Auskickers to attend where possible.

The cost of this program is \$33 for four 1½ hour sessions and you will also receive an AFL Auskick Pack on the final evening.

As an incentive, if you pay to participate in this four week program and register with the Manly Bombers Junior Football Club to play Auskick in 2009, we will refund or discount your Bombers registration by \$33. Just bring your receipt and Auskick pack along to our first Bombers Club Auskick Session on Friday, 1 May and we will refund the \$33 in lieu of providing a second Auskick pack.

It's pre-season training and it's basically free.

### Details

**Time:** 4pm - 5.30pm

**Dates:** Wednesday, March 4, 11, 18 and 25.

**Location:** Weldon Oval, North Curl Curl

### Auskick in April - Parent Helper Training, Sunday 5 April, 8.30am - 10am

This is an invitation to all Auskick Parents (new and returning) to attend a pre-season training session, as mentioned in [last months](#) newsletter.

This training session will consist of running through a typical Auskick session from start to finish, i.e. from set up to pack up, at our own pace.

We will cover all the of the minor and major roles that make our Auskick sessions appear to work so seamlessly and I will be happy to answer all questions about our Auskick program.

This is an opportunity for you to become comfortable with and add input into how we run our Auskick program at the Manly Bombers. You will learn about the many simple tasks involved in making a successful Auskick session work and which of these simple tasks you would feel comfortable helping with.

Please remember that our Auskick program is a family oriented program and for it to be successful we need our parents to be involved on and off the field.

So please make the effort to attend this training session and it will prepare you for the season ahead, (you can bring the kids, I will find someone to keep them busy and safe).

### Details

**Time:** 8.30am - 10am

**Date:** Sunday, 5 April.

**Location:** Frank Grey Reserve, North Curl Curl

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### Auskick Season Start

The Manly Bombers Auskick season will start in Term 2 this year, (as mentioned in the [February newsletter](#)).

We have now secured a training ground, Old Reub Hudson and the first week night session will be on Friday, 1 May, 4.30pm – 5.30pm.

This session will consist of a Jumper presentation and an orientation evening.

Our first Sunday session will be on Sunday, 3 May at 8.30am - 9.30am, Frank Grey Reserve.

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**Summary of key dates of Manly Bombers events**  
**[will be updated as information comes to hand]**

Wednesday, <b>4, 11, 18, 25 March</b> , 4pm to 5.30pm	Auskick After School Program, Weldon Oval (run by AFL)
Friday, <b>13 March</b> , from 5 pm - details on page 2 for exact time	U/9 – U13 Training at Reub Hudson Oval, Abbott Road, Curl Curl
Saturday, <b>21 March</b> , 3pm - 5pm	Manly Bombers Coaches Training Module, Weldon Oval, North Curl Curl
Sunday, <b>22 March</b> , 10am - 1pm	Greater Sydney Juniors Coaches Day, Next Generation, 504a Victoria Road, Ryde (run by AFL)
Sunday, <b>29 March</b>	First competition game of the season. Details will be provided by coaches when AFL confirms the draw.
Monday, <b>30 March</b> , 7.30pm – 8.30pm	Team Manager Training course, Harbord Diggers Mounties
Sunday, <b>5 April</b>	Second competition game of the season. Details will be provided by coaches when AFL confirms the draw.
Sunday, <b>5 April</b> , 8.30am to 10 am	Auskick Parent Helper Training session, Frank Grey Reserve, North Curl Curl
Friday, <b>10 April</b>	Easter and First Term school holidays start
Sunday, <b>26 April</b> , from 10 am	Club Sunday family day for entire club, Frank Grey Reserve
Friday, <b>1 May</b> , 4.30pm to 5.30pm	Auskick Friday training starts, Old Reub Hudson Oval, Abbott Road, Curl Curl. Jumpers handed out.
Sunday, <b>3 May onwards</b>	Third and following competition games of the season
Sunday, <b>3 May</b> 8.30am to 9.30 am	Auskick Sunday training starts, Frank Grey Reserve, North Curl Curl
Sunday, <b>10 May</b> time 8.30am – 9.30am	Auskick 'O level Coaching for parents' (run by AFL). Location: Frank Grey Reserve, North Curl Curil

## Location Map

Here is a map of the Location of the Reub Hudson, Old Reub Hudson Ovals and Frank Grey Reserve.

